

Name: Colton Merrill, ATC, CPT		Grading Quarter: 2	Week 11 Beginning: October 15, 2024
School Year: 2024-2025		Subject: Sports Medicine and Rehabilitation Year 1	
Monday	Notes:	Fall break NO SCHOOL	Academic Standards:
Tuesday	Notes:	Objective: Recognize and identify relevant skeletal anatomy of the foot/ankle and lower leg. Identify ligaments in the ankle along with the stress and movement they prevent.  Lesson Overview: Start Unit 10 over the ankle L 1 Ligaments and Anatomy	Academic Standards: 6.5 2.2 2.3
Wednesday	Notes:	Objective: Recognize and identify relevant Muscular anatomy of the foot/ankle and lower leg. Identify movements in the ankle along with the manual muscle testing.  Lesson Overview:  L 2 Foot ankle and lower leg muscular anatomy	Academic Standards: 6.5 2.2 2.3
Thursday	Notes:	Objective: Differentiate between common injuries and their mechanisms, signs, symptoms and treatments.  Lesson Overview:  L 3 Sprains and Strains	Academic Standards: 1.2 3.2

Friday	Notes:	<p>Objective:</p> <p>Lesson Overview:</p> <p>Objective:</p> <p>Differentiate between common injuries and their mechanisms, signs, symptoms and treatments.</p> <p>Lesson Overview:</p> <p>Finish L 3 Sprains and Strains</p>	Academic Standards: 1.2 3.2
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